



MISSA 2025: Weekend One (July 5 & 6)

ARLENE WESTEN: Boro-Inspired Precious Textiles

Student Supplies

MAIN SUPPLIES

- The \$20 materials fee paid with tuition covers a kit supplied by the instructor. The kit includes Sashiko and embroidery thread, a Sashiko needle, threader, a selection of cotton fabric pieces, marking pen, components to sew a thimble, handout and stitch template in a zippered pouch.

TOOLS/EQUIPMENT

- The instructor will have small tools for the student's use during class (iron, ironing pad, scissors and snips, pins, tape measure, rotary cutter, plastic ruler, cutting mat).

OPTIONAL items to bring:

- A piece of cotton fabric for the back of your project (approximately 12" x 16" is a doable size for a two-day workshop).
- Any scraps of fabric or threads that you may want to incorporate into a small project keeping in mind the finished size will be approximately that of a placemat. Natural fabrics that have a drape or slightly open weave are easier to use whereas it is more difficult to push a needle through some quilting fabrics such as batiks or screen-printed fabrics.
- Bring fabric scissors or share those that I supply.

All students are responsible for bringing supplies to class. Any material fees charged are in addition to these supplies.

Please bring packing materials to safely transport your work home.

PLEASE LABEL YOUR SUPPLIES & EQUIPMENT!

Students, please contact your instructor directly if you have any questions about the supplies listed: arlenewesten@gmail.com

For all other enquiries, please contact the MISSA Office: missa@missa.ca