



## **MISSA 2025: Week One (July 7 to 11)**

### **HEATHER MARTENS REMPEL: Mono-print Collage Books**

#### Student Supplies

##### MAIN SUPPLIES:

- Paper – 100 sheets of drawing paper i.e. Strathmore 300 series, 70lb. 9" x 12"  
Or 50 sheets 14"x17"  
Can substitute some with photocopy paper.
- Paint – regular- body Acrylic Paint – any brand (Amsterdam or Liquitex is excellent) but not heavy body paint. Variety of colours of your choice, and titanium white. You will use less than 500ml in total over the course of the week. I will be using Amsterdam for demos ( Fluid acrylics work well too, but the technique is different from what I will be demonstrating).
- 2 large glue sticks – Elmer's X-treme the best. UHU okay.
- Black markers for lettering: thin, medium and thick. Your favourite brand. Mine is Tombow, and Posca.
- White gel pen

##### TOOLS/EQUIPMENT:

- Gelli-Arts or Gel-Press Gel-Plate – (NOT Speedball: unsatisfactory results) Size of your choice 5"x7" or 6"x 6" or 8"x 10"
- I will be using 8"x10" for demos.
- Highly recommended: Plexi-glass or Glass (taped edges) base plate,
  - slightly larger than your gel-plate size
- 4" soft or hard **rubber** brayer (Speedball is fine)
- Scissors
- Metal edge ruler
- Paint shirt
- 4 large zip lock bags to store prints and books in progress
- 4 bull clips 25mm

OPTIONAL items to bring:

No need to purchase but if you already have:

- bone folder – great tool for folding paper
- pencil crayons
- small paper cutter
- exacto knife, cutting mat
- paper punches
- Calligraphy pens and ink
- Ephemera for collage; old photos, letters, fabric scraps
- Letter stamps and ink pads

SPECIAL COMMENTS:

- I will be supplying specialized papers and Golden Open paint
- The guided-poetry writing part can be done in the moment but if you would like to have more lead time and bring more relevant things for the collage, then send me an email and I can send you another list of things to do and bring.

***All students are responsible for bringing supplies to class. Any material fees charged are in addition to these supplies.***

**Please bring packing materials to safely transport your work home.**

**PLEASE LABEL YOUR SUPPLIES & EQUIPMENT!**

Students, please contact your instructor directly if you have any questions about the supplies listed: [hmartensr@gmail.com](mailto:hmartensr@gmail.com)

For all other enquiries, please contact the MISSA Office: [missa@missa.ca](mailto:missa@missa.ca)