



MISSA 2026: July 18-19

Modern Portraits: Texture and Expression
IZABELLA ORZELSKI

2-day Student Supply List

MAIN SUPPLIES:

Suggested Palette

The paint should be **medium or heavy-bodied**. Feel free to add any additional colours of your preference.

1. **Titanium White** – 1 bottle (500ml)
2. **Buff Titanium** – 1 bottle (500ml)
3. **Cadmium Yellow Medium** – 1 bottle (250ml)
4. **Yellow Ochre** – 1 bottle (250ml)
5. **Pyrrole Red or Cadmium Red Medium** – 1 bottle (250ml)
6. **Quinacridone Magenta** – 1 bottle (250ml)
7. **Cobalt Blue** – 1 bottle (250ml)
8. **Manganese Blue or Cerulean Blue** – 1 bottle (250ml)
9. **Dioxazine Purple or Permanent Blue Violet** – 1 bottle (250ml)
10. **Phthalo Green** – 1 bottle (250ml)
11. **Turquoise Green** – 1 bottle (250ml)
12. **Oxide Red** – 1 bottle (250ml)
13. **Burnt Umber** – 1 bottle (250ml)
14. **Raw Umber** – 1 bottle (250ml)
15. **Ivory Black** – 1 bottle (250ml)

Optional Extras:

- **Turquoise Blue** – 1 bottle (250ml)
- **Olive Green** – 1 bottle (250ml)

Recommended Acrylic Paint Brands:

- **Golden, Liquitex, Amsterdam** (*Any brand will work for this workshop.*)

TOOLS/EQUIPMENT:

Paint Application Tools

- **Palette knives** (*angled blades to keep fingers away from the painting surface; various shapes and sizes, including a 2" diamond shape one.*)
- **Brushes** (a combination of synthetic and natural bristle in various sizes and types):
 - **Filbert & Flat Brushes:** At least one of each in **1/4"**, **1/2"**, **3/4"**, and **1"**



- **Small Round/Pointed Brush** for details

Paint Medium:

- **Acrylic Gloss or Matte Medium** – 250ml
- **Acrylic Modeling Paste** - 250ml

Surface

- **2-4 canvases** in preferred sizes: **12" x 16"**, **16" x 20"**, or **24" x 30"**
(Choose based on your painting speed and preference.)

Alternative Surfaces (Optional)

- **Canvas boards** or **wooden panels** primed with two coats of acrylic gesso
- **Watercolour paper** – Recommended: **Arches 300 lb weight** (ideal for those with limited space for travel)

ADDITIONAL MATERIALS:

- **HB pencil**
- **Eraser**
- **Spray bottle** (for misting)
- **One roll of paper towels or rags**
- **2-3 water containers**
- **Ceramic or paper/plastic plates** for mixing
- **Apron or painting clothes**
- **Masking tape (3/4")** (if using watercolour paper as a painting surface)
- **Plastic gloves** (to protect hands while painting)

OPTIONAL ITEMS TO BRING:

- **iPad or laptop** (for projecting reference images while painting; printed images will also be provided, but digital access may help with close-up details.)

SPECIAL NOTES:

- If you would like to **paint a portrait using your own reference images**, you will have the opportunity to do so on the second day of the workshop.
- Please **share your images with me in advance** so I can advise whether they will be suitable for this workshop.

Students, please contact your instructor directly if you have any questions about the supplies listed.

Instructor Name: **IZABELLA ORZELSKI** Email: orzelski@ualberta.ca

For all other inquiries, please contact the MISSA Office, ed@missa.ca