**MISSA 2025: July 5 - 6**

**Modern Portraits: Texture and Expression**

IZABELLA ORZELSKI

Student Supply List

MAIN SUPPLIES:

Suggested Palette  
The paint should be **medium or heavy-bodied**. Feel free to add any additional colours of your preference.

1. **Titanium White** – 1 bottle (500ml)
2. **Buff Titanium** – 1 bottle (500ml)
3. **Cadmium Yellow Medium** – 1 bottle (250ml)
4. **Yellow Ochre** – 1 bottle (250ml)
5. **Pyrrole Red or Cadmium Red Medium** – 1 bottle (250ml)
6. **Quinacridone Magenta** – 1 bottle (250ml)
7. **Cobalt Blue** – 1 bottle (250ml)
8. **Manganese Blue or Cerulean Blue** – 1 bottle (250ml)
9. **Dioxazine Purple or Permanent Blue Violet** – 1 bottle (250ml)
10. **Phthalo Green** – 1 bottle (250ml)
11. **Turquoise Green** – 1 bottle (250ml)
12. **Oxide Red** – 1 bottle (250ml)
13. **Burnt Umber** – 1 bottle (250ml)
14. **Raw Umber** – 1 bottle (250ml)
15. **Ivory Black** – 1 bottle (250ml)

Optional Extras:

* **Turquoise Blue** – 1 bottle (250ml)
* **Olive Green** – 1 bottle (250ml)

**Recommended Acrylic Paint Brands:**

* **Golden, Liquitex, Amsterdam** (Any brand will work for this workshop.)

TOOLS/EQUIPMENT:

**Paint Application Tools**

* **Palette knives** *(angled blades to keep fingers away from the painting surface; various shapes and sizes, including a 2” diamond shape one.)*
* **Brushes** (a combination of synthetic and natural bristle in various sizes and types):
  + **Filbert & Flat Brushes:** At least one of each in **1/4”**, **1/2”**, **3/4”**, and **1”**
  + **Small Round/Pointed Brush** for details

**Paint Medium:**

* **Acrylic Gloss or Matte Medium** – 250ml
* **Acrylic Modeling Paste -** 250ml

**Surface**

* **2-4 canvases** in preferred sizes: **12” x 16”**, **16” x 20”**, or **24” x 30”**  
  (Choose based on your painting speed and preference.)

**Alternative Surfaces (Optional)**

* **Canvas boards** or **wooden panels** primed with two coats of acrylic gesso
* **Watercolour paper** – *Recommended:****Arches 300 lb weight****(ideal for those with limited space for travel)*

ADDITIONAL MATERIALS:

* **HB pencil**
* **Eraser**
* **Spray bottle** (for misting)
* **One roll of paper towels or rags**
* **2-3 water containers**
* **Ceramic or paper/plastic plates** for mixing
* **Apron or painting clothes**
* **Masking tape (3/4")** (if using watercolour paper as a painting surface)
* **Plastic gloves** (to protect hands while painting)

OPTIONAL items to bring:

* **iPad or laptop** (for projecting reference images while painting; printed images will also be provided, but digital access may help with close-up details.)

SPECIAL NOTES:

* If you would like to **paint a portrait using your own reference images**, you will have the opportunity to do so on the second day of the workshop.
* Please **share your images with me in advance** so I can advise whether they will be suitable for this workshop.

Students, please contact your instructor directly if you have any questions about the supplies listed. Instructor Name: **IZABELLA ORZELSKI** Email: [orzelski@ualberta.ca](mailto:orzelski@ualberta.ca)

For all other inquiries, please contact the MISSA Office, [missa@missa.ca](mailto:missa@missa.ca)