

MISSA 2024: WEEK ONE (5-day): July 15-19



Flowers and Plants with Gouache

WENDY WELCH

Student Supply List

- **Gouache paints** in tubes (Recommended brands: M.Graham or Winsor Newton)

Suggested Colours based on M. Graham:

- Cadmium Red, Cadmium Yellow, Cadmium Orange, Ultramarine Blue, Permanent Green Light, Dioxazine Purple, Titanium White, Ivory Black

Suggested Colours based on Winsor Newton:

- Primary Yellow, Winsor Red, Winsor Green, Winsor Violet, Winsor Blue, Cadmium-Free Orange, Permanent White, Ivory Black

My personal preference would be the Winsor Newton because they have a larger colour range and they offer many cadmium-free options, but it depends on what is available in your area. Also please note that I am not particular in terms of you getting the exact pigments I have mentioned. Basically, you need the three primary colours: red, blue and yellow and then the three secondary colours: orange, green and violet and then black and white.

- **Brushes** -synthetic sable such as Gold Sable (with blue handles) watercolour brushes: #10, #6 and #4 (all of them "round")
- **Paper**
 - Legends Black Watercolour Paper Pad 10 x 14"
 - Arches Cold-Pressed 140lb Watercolour Paper 10 x 14"

Buying high quality watercolour paper will make your life much easier whether in pads or by the sheet. These pads are expensive however, they are definitely worth it. The paper is such high quality that you can use both sides. I recommend trying to get these exact brands if possible because they are the only paper pads where the paper is made from cotton. If you are unable to find these pads, you can also buy the paper by the sheet (both the Legends Black Watercolour Paper and the Arches Cold-Pressed 140 Paper comes in sheets). You could probably get by with one or two full sheets of each.

If you have sheets of watercolour paper, you can cut them into 1/4s (each sheet will be 11 x 15"). Probably a good idea to cut before you come to MISSA to make transport easier.

- Tracing Paper Pad, Strathmore, 11 x 14"
- Plastic white palettes for mixing paint (white plastic lids or white china plates work well)
- Watercolour Pencils (set of 12 including white)



- HB pencil, sharpener, plastic eraser (Staedtler)
- Spray bottle
- Containers to hold water (2) such as yogurt containers or glass jars
- Sketchbook (any size) just for taking notes and preliminary sketches

Optional

- Fun gouache pigments to have (but not essential) are Winsor Newton Opera Rose (pink) Cobalt Turquoise Light (they are great colours that would be impossible to mix on your own)
- Folding chair or pillow to sit on for plein air painting (we will only be doing outdoor painting once for a couple of hours). There are also places to sit around the campus while looking at plants so that is why these are an “optional” item

There is a material fee for this workshop that will be included in the price of your tuition.

Students, please contact your instructor directly if you have any questions about the supplies listed.
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For all other inquiries, please contact the MISSA Office, missa@missa.ca