



MISSA 2023 Week Two (5-day) July 24-28

MARY PAL: Cheesecloth Imagery on Fabric

Student Supply List

Student Material Fee covers seven sheets of Duralar film (three 9x12" and four 20x25") and access to a set of Neocolor II wax pastels for the week

*****Please check the status of your course before purchasing materials!*****

SCULPTING SUPPLIES:

1. Three packages of cheesecloth (available at grocery, dollar or hardware stores or sometimes on a bolt) the loosest weave you can find [Grade 10, not 90] (not scrim; the threads should move easily)
2. 400 mL plain white PVA glue (Lepage's Multipurpose White glue is best; Elmer's white school glue is okay; **but not Weldbond**)– [PVA glue is white glue for fabric and wood and dries clear]
3. 4 Sharpie markers:
 - Red: 1 Ultra-Fine and 1 Fine (basically one very thin and one thicker)
 - Blue or Green: 1 Ultra-Fine and 1 Fine
4. Small sharp scissors you don't mind getting glue on
5. Smallest rotary cutter you own with spare blade – **18 mm is ideal!** and truly worth buying
6. Paintbrushes: a variety of thicknesses and points for painting on fabric and be sure to include at *least one* good quality #2 round, one $\frac{3}{4}$ " flat, and one 2-3" flat for sculpting
7. Plastic containers with lids – two medium-sized (2 cup/500 mL), 1 small (yogurt container)
8. Plastic tarp or tablecloth to cover your table; small trash bag; old kitchen towel or J-cloth; wooden skewer or two; apron or old clothes and comfy shoes
9. Tape: masking or clear

SEWING SUPPLIES:

1. Sewing machine (with zigzag stitch), **free-motion foot**, basic sewing kit (pins, seam ripper, etc.), threads: black, white, neutral; spare bobbins
2. Rotary cutting set: favourite mat, ruler, cutter
3. #80 or #90 Topstitch needles and whatever needles you like to piece with
4. Monofilament ("invisible") thread – whatever your machine prefers; mine prefers nylon (Unique brand) over polyester but the differences are minimal so bring whatever you have

5. 1.5 m. solid (or at most, marbled) black or very dark navy or burgundy background fabric that you can zigzag stitch on without it buckling - heavy fabric like canvas or buckram, OR, if regular cotton, also bring stabilizer (any kind: iron-on, tearaway, pinned-on)
6. 1 m. dark fabric for backings and facings.
7. 1 m. plain white cotton to paint on and then stitch on (bring stabilizer for it if it is thin)
8. **Finishers:** Are you a “finisher”? You want to leave the class with 1-3 finished projects?
 - a. ½ m. of “frame” or “border” fabric with texture like coarse linen or burlap, in a neutral colour
 - b. 2 m. backing and/or facing fabrics (cotton is best), random printed or plain
 - c. 2 m. batting (whatever you use; my fave is low-loft Quilters Dream Cotton, Request)
9. **Explorers:** Or are you an “explorer”? You want to spend the class learning as much as you can about sculpting cheesecloth and plan to finish your projects after you get home?
 - a. Bring lots of cheesecloth. Dye it at home ahead of time or bring coloring products to class.
 - b. Bring at least 2 m. of dark fabric for backgrounds, backings and facings, and at least 1 m. of batting just in case you are inspired to finish a quilt or two.

AN IMPORTANT WORD ABOUT COLOUR:

Cheesecloth: All projects can be completed using white cheesecloth on a black background. *However*, I know fibre artists love colour, so I provide all students with enough green and brown dyed cheesecloth to make a tree on Day 1. If you think you would like to colour some of your cheesecloth ahead of time, you can dye it at home with Procion fibre-reactive dyes or visit my teaching website <https://www.marypalteaches.com/free-guide-to-coloring-cheesecloth> to see ways in which you can use other products. Or bring them to class to experiment.

Fabric: You will learn how to paint a simple background on white fabric for your tree, but maybe you have the perfect fabrics in your stash that say “cloudy sky” or “rocky shore”- you can piece or appliqué them together for your background. Or bring fusible web and use that. I am happy to support you using techniques you are comfortable with ... I just hope you will try some of mine too!

RECOMMENDED:

1. Laptop and/or tablet and/or smart phone and/or memory stick
2. A portrait photo (printed on paper any size up to 16x20”) or a jpeg, of someone you would like to attempt in the class. Be aware that this technique is beautifully suited to older skin, but young children’s smooth skin is extremely challenging to depict. Look for lined faces with character or textural animals (lions, horses, elephants) or landscapes (think windblown trees or frothy waves)
3. If you bring a laptop or tablet, load some black and white photos onto it, or onto your memory stick, and bring that for adjusting during the week. (If you have Photoshop, Photoshop Elements or even Microsoft Publisher loaded that would be a bonus, but not required.) And I can do this for you on my laptop if the prospect of this gives you nightmares. 😊



COMPLETELY OPTIONAL (only if you want to explore some other options):

1. White cotton fabric to paint (cotton canvas is great or regular cotton with stabilizer) and your favourite textile paints (Setacolor, Jacquard, etc.) to add colour beneath your cheesecloth
2. Tsukineko inks, Dye-na-Flo or Inktense blocks with zip-lock baggies, to dye cheesecloth (see 9a)
3. One or two small stretched canvases to try out a hard-mounted finish
4. Glue stick for the appliqué stage ... but pins work just as well!
5. Your reading glasses for close-up work and/or small tweezers
6. Mr. Clean Magic Eraser so you can re-use your Duralar
7. A notebook for jotting down pointers; a sketchbook for ideas that occur to you each day!

Bonus: Advance Information: If you email the instructor, marybpal@gmail.com, she will send you some documents ahead of the class to help you select appropriate photos to bring. But you can also do that on site, as part of the instruction will be about selecting and editing photos.

****Please put your name on all your supplies and equipment****

Students, please contact your instructor directly if you have any questions about the supplies listed.

Instructor: **Mary Pal** Email: marybpal@gmail.com

For all other inquiries, please contact the MISSA Office, missa@missa.ca